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## 43<sup>rd</sup> Annual Advances in Pediatrics

# Encounters of the Common Kind: Reviews and Expert Discussion

KEYNOTE SPEAKER:

**Denise Dowd, M.D., M.P.H.**

Professor of Pediatrics

University of Missouri-Kansas City School of Medicine

Children's Mercy Hospital

## April 21, 2017

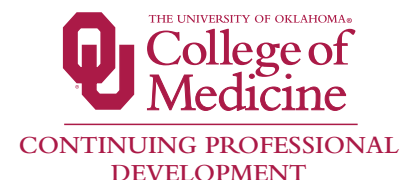
University of Oklahoma College of Medicine  
Department of Pediatrics

Samis Education Center  
1200 Children's Ave.  
Oklahoma City, OK 73104-4652



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## 2 Encounters of the Common Kind: Reviews and Expert Discussion

### CONFERENCE PRESENTERS/PANELISTS

**Patrick Butler, Ph.D.,  
L.C.S.W., M.S.W.**

Assistant Professor  
Adolescent Medicine  
OU Health Sciences Center

**Kelly Curran, M.D., M.A.**

Assistant Professor  
Adolescent Medicine  
OU Health Sciences Center

**Paul Darden, M.D., F.A.A.P.**

Section Chief  
and Professor  
General/Community  
Pediatrics  
OU Health Sciences Center

**Stephanie DeLeon, M.D.**

Assistant Professor  
General/Community  
Pediatrics  
OU Health Sciences Center

**Denise Dowd, M.D.,  
M.P.H. (Keynote)**

Professor of Pediatrics  
University of Missouri  
– Kansas City School  
of Medicine; Children’s  
Mercy Hospital

**Morris Gessouroun, M.D.**

Interim Chairman and  
Professor  
Pediatrics  
OU Health Sciences Center

**Sirish Palle, M.D.**

Assistant Professor  
Pediatric GI, Hepatology  
and Nutrition  
OU Health Sciences Center

**Paulette Pitt, Ph.D.**

Assistant Professor  
Adolescent Medicine  
OU Health Sciences Center

**Nisha Mathews, D.O.**

Assistant Professor  
Nephrology  
OU Health Sciences Center

**Bonnie McBride,  
Ph.D., B.C.B.A.-D.**

Associate Professor  
Developmental and  
Behavioral Pediatrics  
OU Health Sciences Center

**Laura McGuinn,  
M.D., F.A.A.P.**

Associate Professor  
Developmental and  
Behavioral Pediatrics  
OU Health Sciences Center

**Amy Middleman, M.D.,  
M.S.Ed., M.P.H.**

Section Chief  
and Professor  
Adolescent Medicine  
OU Health Sciences Center

**Katy Soper, M.S.,  
R.D., L.D.**

Clinical Dietitian  
Healthy Futures  
General/Community  
Pediatrics  
OU Health Sciences Center

**Ashley Weedn,  
M.D., M.P.H.**

Assistant Professor/  
Medical Director,  
Healthy Futures  
General/Community  
Pediatrics  
OU Health Sciences Center

**Robert Welliver, M.D.**

Section Chief  
and Professor  
Infectious Disease  
OU Health Sciences Center

**Mark Wolraich, M.D.**

Section Chief  
and Professor  
Developmental and  
Behavioral Pediatrics  
OU Health Sciences Center

### COURSE DESCRIPTION AND PURPOSE:

This activity is designed to foster improvements in physician knowledge, competence and performance in general pediatrics medicine by exploring what constitutes ideal evidence-based practice and applying that ideal across varied health care arenas. This fast-paced course will augment the traditional lecture format with expert panel discussions and breakout sessions to enhance knowledge base and skill set. Audience response systems will provide participants with immediate feedback, allowing the opportunity to reinforce comprehension and retention of key learning objectives. The course combines the latest in evidence-based medicine and best-practice strategies relevant to the topics being addressed. A full syllabus of educational materials will be provided as a resource for those practitioners caring for pediatric patients with these challenges.

### INTENDED/TARGET AUDIENCE:

Pediatricians and family medicine practitioners

### COURSE GOAL:

To provide physicians and other providers caring for children with current evidence-based practice guidelines relevant to the field of general pediatrics medicine, augmenting the skill set and knowledge base needed to care for patients in a primary care practice.

### LEARNING OBJECTIVES:

Upon completion of this activity, participants will improve their competence and performance by being able to:

1. Describe up-to-date scientific knowledge on problems pertaining to general pediatrics.
2. Describe how to diagnose and treat adolescent health issues, including depression and eating disorders.
3. Describe the impact of social determinants of health on patients in your primary care practice.
4. Describe the current guidelines for diagnosing and treating autism and ADHD.

### CONFERENCE PLANNING COMMITTEE

Alix Darden, Ph.D., M.Ed.,  
Course Director  
Anne Cuomo  
Cindy Dibler, Course Contact  
Janet Marshall  
Emilie Henry, M.D.  
Courtney Ranallo, M.D.  
Christine Allen, M.D.

## FRIDAY, APRIL 21, 2017 – PRESENTATIONS

- 7-8:15 a.m. Sign-in and Continental Breakfast – Vendor Exhibits
- 7-8:15 a.m. Oklahoma Chapter American Academy of Pediatrics Board Meeting – East Boardroom
- 8:15-8:30 a.m. Welcome and introductions/ Mo Gessouroun, M.D. – Interim Chairman, Pediatrics
- 8:30-9:30 a.m. **Social Determinants of Health: Current Science and Implications for Primary Care**  
— Denise Dowd, M.D., M.P.H.
- 9:30-10 a.m. **Toxic Stress in Your Practice** — Q&A with Dr. Dowd
- 10-10:30 a.m. Break – Vendor viewing
- 10:30-10:50 a.m. **Treating Adolescent Depression: Why It's Important** — Paulette Pitt, Ph.D.
- 10:50-11:10 a.m. **Adolescents & Confidentiality: Knowing the Laws** — Kelly Curran, M.D., M.A.
- 11:10-11:30 a.m. **Adolescent Vaccine Recommendations: Give It A Shot!**  
— Amy Middleman, M.D., M.S.Ed., M.P.H.
- 11:30 a.m.-Noon 30 minutes — Q&A with Speakers
- Noon-12:30 p.m. Pick-up box lunch and return to auditorium
- 12:30-12:50 p.m. **Methicillin Resistant Staphylococcus Aureus – How to Treat** — Robert Welliver, M.D.
- 12:50-1:10 p.m. **What's New in Asthma Treatment** — Stephanie DeLeon, M.D.
- 1:10-1:30 p.m. **OMG my LFT's (Liver Function Tests): Yellow Means Caution** — Sirish Palle, M.D.
- 1:30-1:45 p.m. 15 minutes — Q&A with Speakers
- 1:45-2:05 p.m. **Hypertension: When to Refer** — Nisha Mathews, D.O.
- 2:05-2:25 p.m. **Attention Deficit Hyperactivity Disorder** — Mark Wolraich, M.D.
- 2:25-2:45 p.m. **Autism** — Bonnie McBride, Ph.D., B.C.B.A.-D.
- 2:45-3 p.m. 15 minutes — Q&A with Speakers
- 3-3:30 p.m. Break – Vendor viewing
- 3:30-6 p.m. **Five concurrent sessions, repeated 3X – case-based – lots of discussion: 3:30-4:15 p.m.**  
(45 min), **4:20-5:10 p.m.** (50 min), **5:15-6 p.m.** (45 min) - **Bring YOUR cases to the experts...**
1. **Autism Resources and Other Behavioral Concerns** — Bonnie McBride, Ph.D., B.C.B.A.-D., and Laura McGuinn, M.D.
  2. **Obesity Management** — Ashley Weedn, M.D., M.P.H. and Katy Soper, M.S., R.D., L.D.
  3. **Pediatric GI – Common Issues** — Sirish Palle, M.D.
  4. **Oklahoma Children's Health Research Network – What Research IS Going on in Pediatric Practices, What Research SHOULD be Going on in Practices?** — Paul Darden, M.D., F.A.A.P.
  5. **Tough Adolescent Cases - Challenge the Experts** — Amy Middleman, M.D., M.S.Ed., M.P.H.; Kelly Curran, M.D., M.A.; Paulette Pitt, Ph.D.; Patrick Butler, Ph.D., L.C.S.W., M.S.W.
- 6-6:30 p.m. Drinks
- 6:30-8:30 p.m. Conference Dinner and OKAAP Chapter meeting, featuring presentation by Robert Block, M.D., F.A.A.P., Past President AAP, 2011-2012, "OKAAP Will Be Important for the Success of 25 By 25"

## 4 Encounters of the Common Kind: Reviews and Expert Discussion



### Keynote Speaker

#### **DENISE DOWD, M.D., M.P.H.**

Dr. Denise Dowd is an attending physician in the emergency department of the Children's Mercy Hospital in Kansas City, Missouri, and is associate medical director of the Office for Faculty Development there. She also is medical director of Community Programs for the Department of Social Work at the hospital. She

is professor of pediatrics at the University of Missouri-Kansas City and adjunct professor at the University of Kansas.

Dowd has practiced in critical-care hospital settings for over 30 years, starting as a nurse in urban Detroit. She has been in her current position for 21 years, and her contributions to injury prevention research, education and child advocacy have spanned 27 years. She has received numerous honors, including mayor's declarations from cities of Cincinnati and Kansas City, Missouri Communicator of the Year Award, and the Michael Shannon Humanitarian Award. She has been an active volunteer for the American Academy of Pediatrics for many years, serving on numerous projects and committees as well as representing the Academy of Pediatrics in Congressional testimony.

Dowd's academic interest focuses on injury and violence prevention as well as the emergency care of children. She has specific interest on the impact of adversity on child health, social determinants of health and resiliency development. Her advocacy activities have included leadership on several hospital and community-based projects in the urban core, including mentorship programs, injury surveillance, firearm injury prevention education, intimate partner violence assessment/intervention and youth violence. She continues as an active clinician, teacher, investigator and child advocate at Children's Mercy Hospital as well as a community volunteer. She strives to knock down silos and bridge the academic and "real world" divide, real or perceived.

#### **Social Determinants of Health:**

Never before have we had more scientific evidence on how early-life adversity affects brain development and mental and physical health across the life span. The toxic stress generated by early exposure to such adversities as abuse, neglect, parent mental illness and community violence is something child health care providers can and should address.



**Accreditation Statement:**

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**Accommodations Statement:**

Accommodations are available by contacting Cindy Dibler at (405) 271-4401 or [cindy-dibler@ouhsc.edu](mailto:cindy-dibler@ouhsc.edu) as soon as possible.

**Policy on Faculty and Presenters Disclosure:**

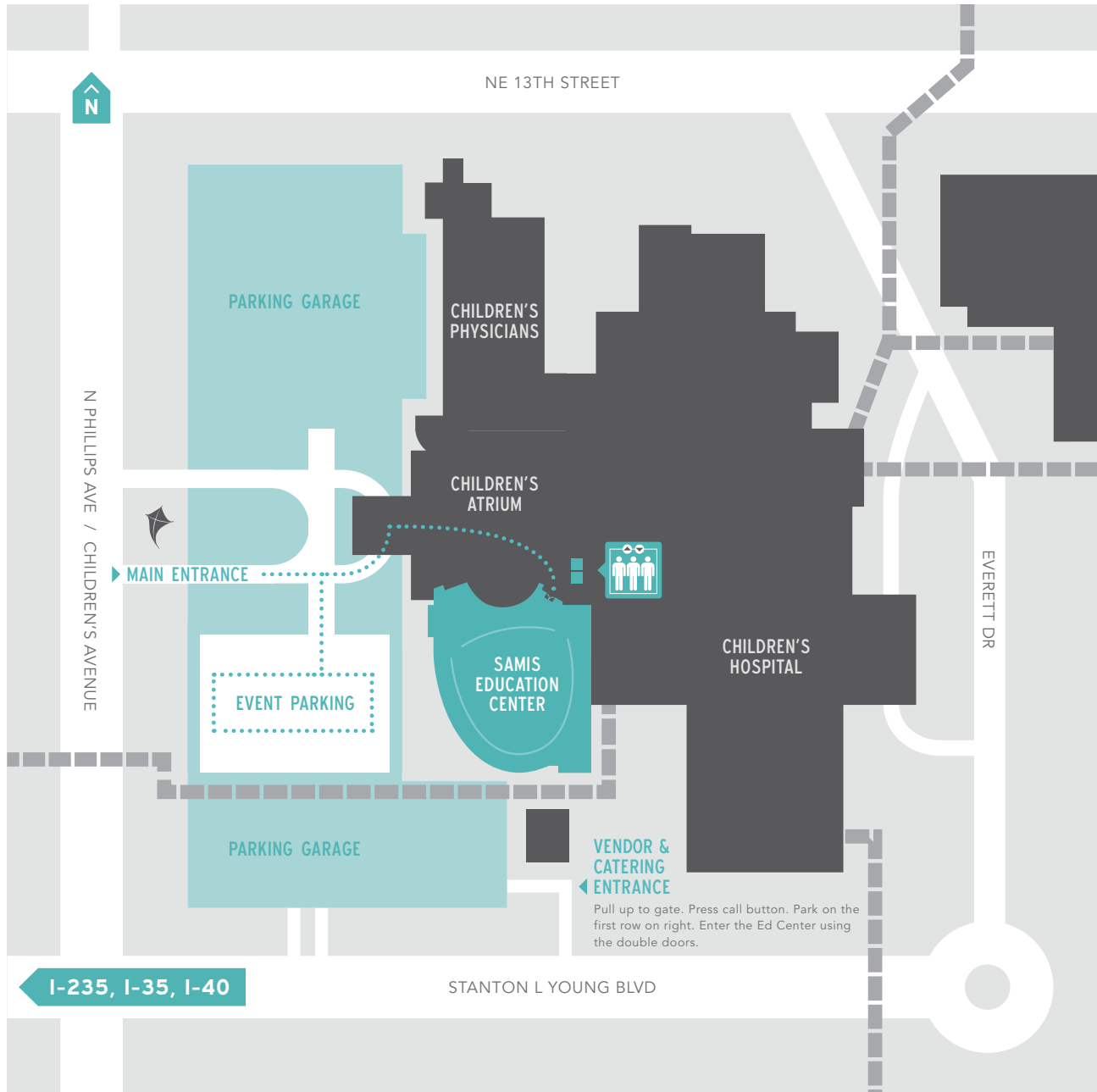
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## 6 Encounters of the Common Kind: Reviews and Expert Discussion



### Directions:

The conference will be held at the University of Oklahoma Health Sciences Center in the Samis Education Center, 1200 Children's Ave., in Oklahoma City.

The entrance to the Rainbolt Family Auditorium of the Samis Education Center is located in the southeast corner of the Atrium of Children's Hospital. Parking for off-campus attendees will be available in Event Parking, located in front of the Atrium.

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| <input type="checkbox"/> Dinner Guest(s) \$25 _____   | Name of Guest(s) _____               |                                      |       |

**→ Total Registration Due \$ \_\_\_\_\_**

The annual conference registration fee includes course materials, CME credit, breakfast, breaks, lunch and conference dinner. No registration refunds will be made after April 7, 2017. Written notification of cancellation must be postmarked before April 7, 2017. Cancellation fee is \$100. Confirmations will be mailed. (This annual conference is subject to cancellation if registration is insufficient, in which case all registration fees will be refunded.)

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**April 21, 2017**

OU College of Medicine  
Department of Pediatrics

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